

**November 2018**  
**9-12 Hot Breakfast**

Monday	Tuesday	Wednesday	Thursday	Friday
			<b>11/1</b>	<b>11/2</b>
	<b>***Menus Subject to Change***</b>		4 oz 100% Juice (15) ½ c Fresh Banana (15) 2 WG French Toast Sticks [1.75 OEG] (15) Syrup Cup (31) Milk (12)	4 oz 100% Juice (15) ½ c Fresh Apple (15) 1 oz Cinnamon Toast Crunch Cereal [1 OEG] (22) 1 oz Graham Cracker [1 OEG] (11) Milk (12)
<b>11/5</b>	<b>11/6</b>	<b>11/7</b>	<b>11/8</b>	<b>11/9</b>
4 oz 100% juice (15) ½ c Applesauce (15) 2 oz Crunch Mania [2 OEG] (37) Milk (12)	4 oz 100% Juice (15) ½ c Berry Cup (15) WG Breakfast slider [1.25 OEG, 0.75 oz MMA] (28) Milk (12)	4 oz 100% Juice (15) ¼ Craisins (28) 1 oz Trix Cereal [1 OEG] (24) Milk (12)	4 oz 100% Juice (15) ½ c Fresh Banana (15) WG Breakfast Pizza (27) [1.5 OEG, 1 MMA] Milk (12)	4 oz 100% Juice (15) ½ c Fresh Apple (15) 1 oz Cocoa Puffs [1 OEG] (25) 1 oz Goldfish Graham [1 OEG] (14) Milk (12)
<b>11/12</b>	<b>11/13</b>	<b>11/14</b>	<b>11/15</b>	<b>11/16</b>
4 oz 100% Juice (15) ½ c Applesauce (15) 1 oz Maple Oat Bar [1 OEG] (28) 1 oz String Cheese [1 MMA] (2) Milk (12)	4 oz 100% Juice (15) ½ c Berry Cup (15) 2 WG French Toast Sticks [1.75 oz G] (15) Syrup cup (31) Milk (12)	4 oz 100% Juice (15) ¼ c Craisins (28) WG Strawberry Chex [1.25oz G] (23) Milk (12)	4 oz 100% Juice (15) ½ c Fresh Banana (15) WG Chicken Nuggets [0.75 oz MMA, 0.25 oz G] (28) 2 oz Mini Biscuits [2 OEG] (29) Syrup Cup (29) Milk (12)	4 oz 100% Juice (15) ½ c Fresh Apple (15) 1 oz Golden Grahams [1 OEG] (24) 1 oz Animal Cracker [1 OEG] (23) Milk (12)
<b>11/19</b>	<b>11/20</b>	<b>11/21</b>	<b>11/22</b>	<b>11/23</b>
4 oz 100% Juice (15) ½ c Applesauce (15) 1 oz Chewy Quaker Bar [1 OEG] (19) 1 oz Cheddar Square [1 MMA] (12) Milk (12)	4 oz 100% Juice (15) ½ c Berry Cup (15) WG English Muffin [2 OEG] (24) with Jelly cup (9) Milk (12)	<b>No Service</b>	<b>Thanksgiving</b> 	<b>No Service</b>
<b>11/26</b>	<b>11/27</b>	<b>11/28</b>	<b>11/29</b>	<b>11/30</b>
4 oz 100% Juice (15) ½ c Applesauce (15) 2 oz Lemon Chip Bar [2 OEG] (42) Milk (12)	4 oz 100% Juice (15) ½ c Berry Cup (15) WG Breakfast Pizza (27) [1.5 OEG, 1 MMA] Milk (12)	4 oz 100% Juice (15) ¼ c Craisins (28) 1 oz WG Applezings [1 OEG] (19) Milk (12)	4 oz 100% Juice (15) ½ c Fresh Banana (15) 2 oz WG Bagel [2 OEG] (35) with Jelly cup (9) Milk (12)	4 oz 100% Juice (15) ½ c Fresh Apple (15) 1 oz WG Fruity Cheerios [1 OEG] (25) 1 oz Graham Cracker [1 OEG] (11) Milk (12)

**innovation foods**

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