


December 2018

9-12 Hot Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
4 oz 100% Juice (15) ½ c Berry Cup (15) 2oz Lemon Crunch Bar [2OEG] (42) Milk (12)	4 oz 100% Juice (15) ¼ c Craisins(28) 2oz Breakfast Pizza [1.5 OEG, 1 MMA] (27) Milk (12)	4 oz 100% Juice (15) ½ c Applesauce (15) 1 oz WG Applezings [1 OEG](19) Milk (12)	4 oz 100% Juice (15) ½ c Fresh Apple (15) 2 WG French Toast Sticks [1.75 OEG] (15) Syrup Cup (31) Milk (12)	4 oz 100% Juice (15) ½ c Fresh Banana (15) 1 oz Cinnamon Toast Crunch Cereal [1 OEG] (22) 1 oz Graham Cracker [1 OEG] Milk (12)
10	11	12	13	14
4 oz 100% juice (15) ½ c Berry Cup (15) 2 oz Crunch Mania [2 OEG] (37) Milk (12)	4 oz 100% Juice (15) ¼ c Craisins (28) WG Breakfast slider [1.25 OEG, 0.75 MMA] (28) Milk (12)	4 oz 100% Juice (15) ½ c Applesauce (15) 1 oz Trix Cereal [1 OEG] (24) 1oz Animal Crackers [1 OEG] (23) Milk (12)	4 oz 100% Juice (15) ½ c Fresh Apple (15) WG English Muffin [2 OEG] (24) Jelly Cup (9) Milk (12)	4 oz 100% Juice (15) ½ c Fresh Banana (15) 1 oz Cocoa Puffs [1 OEG] (25) Milk (12)
17	18	19	20	21
4 oz 100% Juice (15) ½ c Berry Cup (15) 1 oz Maple Oat Bar [1 OEG] (28) 1 oz String Cheese [1 MMA] Milk (12)	4 oz 100% Juice (15) ¼ c Craisins (28) 2 WG French Toast Sticks [1.75 OEG] (15) Syrup cup (31) Milk (12)	4 oz 100% Juice (15) ½ c Applesauce (15) 1 oz Strawberry Bar [1 OEG] (23) Milk (12)	4 oz 100% Juice (15) ½ c Fresh Apple (15) WG Chicken Nuggets [0.75 oz MMA, 0.25 OEG] 2 oz Mini Biscuits [2 OEG] (28) Syrup Cup (29) Milk (12)	4 oz 100% Juice (15) ½ c Fresh Banana(15) 1 oz Golden Grahams [1 OEG] (24) 1 oz Animal Cracker [1 OEG] (23) Milk (12)
24	25	26	27	28
No Service		No Service		
31				
No Service				***Menu Subject to Change***

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2071 Midway Drive, Twinsburg, OH 44087 | 440-580-4800

www.ifsmeals.com

This institution is an equal opportunity provider.

December 2018

9-12 Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
3 Hot Dog	4 Spaghetti w/ Meat Sauce	5 Cilantro Chicken Bowl	6 Cheese Pizza	7 Turkey Ham Dinner
4 oz 100% Juice (15) ½ c Fresh Apple(15) 1 c BBQ Beans (45) 2 oz Turkey Hot Dog 2 oz WG Bun [2 OEG] (21) Mustard/ Ketchup (3) Milk(12)	4 oz 100% Juice (15) ½ c Applesauce (15) 1 c Broccoli (6) ½ c WG Pasta[1OEG] (45) 1.5oz Ground Beef 0.5oz Mozzarella Cheese 2 oz Marinara Sauce 1oz Breadstick [1OEG] (14) Milk(12)	4 oz 100% Juice (15) ½ c Banana (15) 1c Green beans (9) 2 oz Roasted Chicken w/ 1c Cilantro Lime Rice [2 OEG] Milk (12)	4 oz 100 % Juice (15) ¼ c Craisins (28) 1 c Baby Carrots(20) WG Cheese Pizza [2 MMA, 2 OEG] (24) Ranch Packet Milk(12)	4 oz 100% Juice (15) ½ c Berry Cup(15) ½ c Cheesy Potatoes (10) ½ c Kernel Corn (9) 2 oz Turkey Ham w/ Gravy 2 oz WG Dinner Roll [2 OEG] (26) Milk(12)
10 Chicken Nuggets	11 Hamburger	12 Macaroni & Cheese	13 Turkey Swiss Sandwich	14 Egg & Cheese Muffin
4 oz 100% Juice (15) ½ c Fresh Apple (15) 1 c Diced Carrots (20) 5 WG Chicken Nuggets [2 MMA, 1 OEG] (34) 1oz Dinner Roll [1OEG] (13) BBQ Packet Milk(12)	4 oz 100% Juice (15) ½ c Applesauce (15) 1c Baked Beans (52) 2 oz Beef Patty 2oz WG Bun [2OEG] (19) Ketchup/ Mustard Milk (12)	4 oz 100% Juice (15) ½ c Banana(15) 1 c Broccoli (4) 2 oz Cheese Sauce over 1 c Rotini [2OEG] (41) topped w/ 1 oz Shredded Cheese Milk(12)	4 oz 100% Juice (15) ¼ c Craisins (28) 1 c Side Salad ½ c Baby Carrots (10) 1.5oz Turkey 0.5oz Swiss Cheese on 2 oz WG Bread [2 OEG](24) Mayo/ Mustard Milk(12)	4 oz 100% Juice (15) ½ c Berry Cup (15) 1c Tater Tots (24) 1.5oz Scrambled Egg Patty 0.5oz American Cheese 2oz WG English Muffin [2 OEG] (24) Ketchup Milk(12)
17 Double Stuffed Pizza	18 Swedish Meatballs	19 Barbecue Chicken Salad	20 Turkey Dinner	21 Cheesy Chicken Rice
4 oz 100% Juice (15) ½ c Fresh Apple (15) 1 c Green Beans (10) WG Stuffed Cheese Pizza [2 MMA, 2 OEG] (34) ¼ c Marinara (7) Milk(12)	4 oz 100% Juice (15) ½ c Applesauce(15) 1c Hickory Beans (45) 2 oz Meatballs w/ Gravy Over ½ c WG Pasta [1 OEG] (20) 1 oz Breadstick [1 OEG] (14) Milk(12)	4 oz 100% Juice (15) ½ c Banana (15) 1 c (½ c equ) Salad Mix 1 c Baby Carrots (18) 1.5oz BBQ Chicken 0.5oz Cheddar Cheese 2 oz Cookie [2 OEG](26) Italian/ Ranch Packet Milk(12)	4 oz 100% Juice (15) ¼ c Craisins(28) ½ c Mashed Potatoes(10) ½ c Kernel Corn (9) 2 oz Turkey w/ Gravy 2 oz WG Dinner Roll [2 OEG] (26) Milk(12)	4 oz 100% Juice (15) ½ c Berry Cup (15) 1 c Broccoli (10) 2 oz Chicken over 1 c Cheesy Rice [2 OEG] (55) Milk(12)
24	25	26	27	28
No Service		No Service	No Service	No Service
31				
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