

**April 2019**  
**9-12 Hot Breakfast**

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
4 oz 100% Juice (15) ½ c Fresh Apple (15) 2 oz Cherry Granola Bar [2OEG] (43) Milk (12)	4 oz 100% Juice (15) ½ c Fresh Orange (15) 2 WG Chicken Nuggets [0.75 MMA, 0.25 OEG] (28) 2oz Mini Biscuit [2OEG] (28) Syrup Cup (31) Milk (12)	4 oz 100% Juice (15) ½ c Applesauce (15) 1 oz Cinnamon Toast Crunch Cereal [1OEG] (22) Milk (12)	4 oz 100% Juice (15) ½ c Fresh Banana (15) WG Breakfast Slider [.75MMA, 1.25 OEG] (28) Milk (12)	4 oz 100% Juice (15) ¼ c Craisins (28) 1 oz Trix Cereal [1OEG] (24) Milk (12)
8	9	1	11	12
4 oz 100% Juice (15) ½ c Fresh Apple (15) Blueberry Muffin [1OEG] (26) Milk (12)	4 oz 100% Juice (15) ½ c Fresh Orange (15) WG Mini Maple Waffles [2OEG] (35) Milk (12)	4 oz 100% Juice (15) ½ c Applesauce (15) 1 oz Apple Zing [1OEG] (19) Milk (12)	4 oz 100% Juice (15) ½ c Fresh Banana (15) WG Mini French Toast Sticks [2OEG] (37) Milk (12)	4 oz 100% Juice (15) ¼ c Craisins (28) 1 oz Lucky Charms Cereal [1OEG] (23) 2 oz Graham Cracker [2OEG] (22) Milk (12)
15	16	17	18	19
4 oz 100% Juice (15) ½ c Fresh Apple (15) Strawberry Yogurt [1OEG] (14) Granola [1OEG] (20) Milk (12)	4 oz 100% Juice (15) ½ c Berry Cup (15) Maple Battered Turkey Pancake Wrap [1MMA, 1OEG] (17) Milk (12)	4 oz 100% Juice (15) ½ c Applesauce (15) 1 oz Fruit Cheerios [1OEG] (25) Milk (12)	4 oz 100% Juice (15) ½ c Fresh Banana (15) WG Mini Cinnamon Bagel [2OEG] (42) Milk (12)	4 oz 100% Juice (15) ¼ c Craisins (28) 1 oz Cocoa Puffs [1OEG] (25) 1 oz String Cheese [1MMA] (12) Milk (12)
22	23	24	25	26
4 oz 100% Juice (15) ½ c Fresh Apple (15) 2 oz Cherry Granola Bar [2OEG] (43) Milk (12)	4 oz 100% Juice (15) ½ c Berry Cup (15) WG English Muffin [2OEG] (21) Jelly Cup (9) Milk (12)	4 oz 100% Juice (15) ½ c Applesauce (15) 1 oz Cinnamon Chex [1OEG] (22)	4 oz 100% Juice (15) ½ c Fresh Banana (15) Mini Confetti Pancakes [2OEG] (36) Milk (12)	4 oz 100% Juice (15) ¼ c Craisins (28) 1 oz Golden Graham Cereal [1OEG] (42) 1 oz Graham Cracker [1OEG] (11)
29	30			
4 oz 100% Juice (15) ½ c Fresh Apple (15) 1 oz Lucky Charms Cereal [1OEG] (23) Milk (12)	4 oz 100% Juice (15) ½ c Berry Cup (15) WG Breakfast Slider [.75 MMA, 1.25 OEG] (28) Milk (12)			<b>*Menus Subject to Change*</b> <b>*Fruit Options May Vary*</b>

**innovation foods**

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# April 2019

## 9-12 Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
1 Turkey Dinner	2 Cheese Pizza	3 Hamburger	4 Chef Salad	5 Breakfast Sandwich
4 oz 100% Juice (15) ½ c Applesauce (15) ½ c Mashed Potatoes (10) ½ c Kernel Corn (7) 2 oz Turkey Ham ¼ c Gravy Corn Bread [1OEG] (28) 1 oz Chocolate Chip Cookies [1OEG] (12) Milk (12)	4 oz 100% Juice (15) 1 c Cucumbers (5) WG Cheese Pizza [2MMA, 2OEG] (24) Ranch Packet (2) Milk (12)	4 oz 100% Juice (15) ½ c Banana (15) 1 c Baked Beans (52) 2 oz Beef Patty 2oz Bun [2OEG] (19) Ketchup (3)/ Mustard Milk (12)	4 oz 100% Juice (15) ½ c Fresh Orange (15) ½ c Grape Tomatoes (15) 1c Romaine Lettuce 1 oz Shredded Cheddar 1 oz Diced Turkey Italian Dressing (2) 2 oz Chocolate Chip Cookie [2OEG] (12) Milk (12)	4 oz 100% Juice (15) ½ c Fresh Apple (15) 1c Sweet Potatoes (27) 1.5oz Scrambled Egg Patty 0.5oz American Cheese 2oz English Muffin [2OEG] (24) Ketchup (3) Milk (12)
8 Hot Dog	9 Chicken Nuggets	10 Spaghetti	11 Stir Fry w/ Yum Yum Sauce	12 Double Stuffed Pizza
4 oz 100% Juice (15) ½ c Applesauce (15) 1 c BBQ Beans (52) 2 oz Turkey Hot Dog 2oz WG Hot Dog Bun [2OEG] (21) Ketchup (3) Milk (12)	4 oz 100% Juice (15) ¼ c Craisins (28) 1c Green Beans (10) 5 WG Chicken Nuggets [2MMA, 1OEG] (34) Ketchup (3) 1 oz Dinner Roll [1OEG] (13) Milk (12)	4 oz 100% Juice (15) ½ c Banana (15) 1 c Broccoli (7) 1.5 oz Ground Beef 0.5oz Mozzarella Cheese 1c Spaghetti [2OEG] (42) ½ c Marinara (10) Milk (12)	4 oz 100% Juice (15) ½ c Fresh Orange (15) 1 c Green Peas (20) 2 oz Chicken Strips 1c Stir Fry Rice [2OEG] (45) topped w/ ¼ c Yum Yum Sauce Milk (12)	4 oz 100% Juice (15) ½ c Fresh Apple (15) 1c Diced Carrots (20) WG Double Stuffed Pizza [2MMA, 2OEG] (30) ¼ c Marinara (7) Milk (12)
15 French Toast	16 Chicken Mozzarella	17 Turkey Ham & Swiss Melt	18 BBQ Chicken Salad	19 Macaroni & Cheese
4 oz 100% Juice (15) ½ c Applesauce (15) 1c Tater Tots (24) French Toast Sticks [1MMA, 2OEG] (23) Yogurt Cup [1MMA] (14) Syrup (31) Milk (12)	4 oz 100% Juice (15) ¼ c Craisins (28) 1c Green Beans (10) 1.5 oz Chicken Strips 0.5oz Mozzarella Cheese 1 c Penne Pasta [2OEG] (45) ¼ c Marinara (7) Milk (12)	4 oz 100% Juice (15) ½ c Banana (15) 1 c Hickory Beans (52) 1.5oz Turkey Ham 0.5oz Swiss Cheese 2 oz Ciabatta Bread [2OEG] (29) Mustard Milk (12)	4 oz 100% Juice (15) ½ c Fresh Orange (15) ¼ c Shredded Carrots (10) 1½ c Romaine Lettuce 1.5 oz BBQ Chicken Strips 0.5oz Shredded Cheddar 2 oz Chocolate Chip Cookie [2OEG] (12) Ranch Packet Milk (12)	4 oz 100% Juice (15) ½ c Fresh Apple (15) 1c Diced Carrots (10) 2 oz Homemade Cheese Sauce 1c Elbow Noodles [2OEG] (42) 1 oz Shredded Cheddar Milk (12)
22 Cheese Pizza	23 Chicken Patty	24 Turkey Sandwich	25 Hot Dog	26 Popcorn Chicken Bowl
4 oz 100% Juice (15) 1 ¼ c Fresh Veggie Bag (17) WG Cheese Pizza [2MMA, 2OEG] (24) Ranch Packet (2) Milk (12)	4 oz 100% Juice (15) ¼ c Craisins (28) 1c Baked Beans (52) 2 oz Chicken Patty [2MMA, 1OEG] (16) Bun [2OEG] (19) BBQ Packet (5) Milk (12)	4 oz 100% Juice (15) ½ c Banana (15) 6 oz Vegetable Juice (15) ¾ c Fresh Veggie Bag (10) 1.5oz Turkey 0.5oz American Cheese 2 oz Bread [2OEG] (24) Mayo Milk (12)	4 oz 100% Juice (15) ½ c Fresh Orange (15) 1 c Cheesy Broccoli (5) 2 oz Turkey Hot Dog 2oz WG Hot Dog Bun [2OEG] (21) Ketchup (3) Milk (12)	4 oz 100% Juice (15) ½ c Fresh Apple (15) ½ c Mashed Potatoes (10) ½ c Kernel Corn (7) 2 oz Popcorn Chicken [2MMA, 2OEG] (14) Topped with ¼ c Gravy Milk (12)
29 Pancakes & Sausage	30 Chicken Nuggets			
4 oz 100% Juice (15) ½c Applesauce (15) 1 c Tater Tots (24) Pancakes [2OEG] (13) 2 oz Turkey Sausage Links Syrup Cup (31) Ketchup (3) Milk (12)	4 oz 100% Juice (15) ¼ c Craisins (28) 1 c Green Beans (10) 5 WG Chicken Nuggets [2MMA, 1OEG] (34) BBQ Packet (5) 1 oz Cookie [1OEG] (13) Milk (12)			<p><b>*Menus Subject to Change*</b></p> <p><b>*Fruit Options May Vary*</b></p>

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