

**Served With Milk\***  
**Menu Subject to Change\***

**Innovation Foods**

1550 Enterprise Parkway  
Twinsburg, OH 44087 I 440-580-4800  
[www.ifsmeals.com](http://www.ifsmeals.com)

This institution is an equal opportunity provider.

		<b>1 Sloppy Joe</b>	<b>2 Breakfast Sandwich</b>	<b>3 Double Stuffed Breadstick</b>
		4 oz 100% Juice* ½ C Fresh Apple (21 CHO) 1 C Carrots (24 CHO) 2.5 oz Sloppy Joe (9 CHO) (2 M) 2.4 oz WG Hamburger Bun (2 WG) (19 CHO)	4 oz 100% Juice* ½ C Fresh Banana (23 CHO) 1 C Tater Tots (32 CHO) 1.5 oz Egg Patty (x1 CHO) (1.5MMA) 0.5 oz American Cheese (x1 CHO) (0.5 MMA) 2.25 oz English Muffin (25 CHO) (2 WG) Ketchup Packet (2 CHO)	4oz 100% Juice* ½ C Craisin (33 CHO) 1 C Pizza Green Beans (14 CHO) 4.28 oz Double Stuffed Breadstick (2 MMA/ 2 WG) (32 CHO) Marinara Cup (4 CHO)
<b>6 Chicken Patty</b>	<b>7 Cheese Quesadilla</b>	<b>8 Man N Cheese</b>	<b>9 Bosco Sticks</b>	<b>10 Waffles &amp; Sausage</b>
4 oz 100% Juice* ½ C Applesauce Cup (12 CHO) ¾ C Broccoli (8 CHO) ½ C Carrots (6 CHO) 3.98 oz Chicken Patty (14 CHO) (2M / 1 WG) 2.4 oz Hamburger Bun (25 CHO) (2 WG) Ketchup Packet (2 CHO)	4 oz 100% Juice* ½ C Fresh Orange (23 CHO) 1 C Queso Pinto Beans (55 CHO) 4.02 oz Cheese Quesadilla (31 CHO) (2 WG/2 MMA) Taco Packet (2CHO)	4 oz 100% Juice* ½ C Fresh Apple (21 CHO) 1 C Carrots (24 CHO) 1 C Cheesy Elbow Pasta (2 G) (43 CHO) 3.2 oz Cheddar Cheese Sauce (1 MMA) (3 CHO) 1 oz Cheddar Cheese Cheddar Cheese (0 CHO)	4 oz 100% Juice* ½ C Fresh Banana (23 CHO) 1 C Green Beans (12 CHO) 3.98 oz Bosco Sticks (2E) (28 CHO) (2 E) (2 WG/2 MMA) Marinara Cup (4 CHO)	4 oz 100% Juice* ½ C Craisin (33 CHO) 1 C Breakfast Potatoes (32 CHO) 2.34 oz WG Waffles (27 CHO) 2 oz Turkey Sausage Patty (x1 CHO) (2 M) Syrup Cup (31 CHO) Ketchup Packet (2 CHO)
<b>13 Walking Taco</b>	<b>14 Corn Dogs</b>	<b>15 Pulled Chicken Sandwich</b>	<b>16 Sausage Biscuit</b>	<b>17 Turkey Sausage Breakfast Pizza</b>
4 oz 100% Juice* ½ C Applesauce Cup (12 CHO) ½ C Carrots (18 CHO) ½ C Street Corn (18 CHO) 0.5oz Cheddar Cheese (x1 CHO) (0.5 MMA) 1.5 Taco Beef (2 CHO) (1.5 M) Taco Sauce Packet (1 CHO) 1.41 oz WG LF Nacho Dorito Bag (28 CHO) (2 WG)	4 oz 100% Juice* ½ C Fresh Orange (23 CHO) ½ C Baked Beans (28 CHO) ½ C Green Beans (6 CHO) 3.67 oz Honey Crunch Mini Corn Dogs (6E) (42 CHO) (2 WG/ 2 M) Ketchup Packet (2 CHO)	4 oz 100% Juice* ½ C Fresh Apple (21 CHO) 1 C Brown Sugar Carrots (37 CHO) 3 oz Braised Shredded Chicken (11 CHO) 2.1 oz WG Bun (17 CHO) (2 WG)	4 oz 100% Juice* ½ C Fresh Banana (23 CHO) 1 C Broccoli (12 CHO) 2.2 oz Southern Style Buttermilk Biscuit (28 CHO) (2 WG) 3.1 Sweet Italian Chicken Sausage Patty (3 CHO) (2 M) Ketchup Packet (2 CHO)	4 oz 100% Juice* ½ C Craisin (33 CHO) 1 C Tater Tots (32 CHO) 4.38 oz Turkey Sausage Breakfast Pizza (2E) (31 CH) (2 E) (2 WG/2 MMA)
<b>20 French Toast</b>	<b>21 Cheese Pizza</b>	<b>22 BBQ Chicken</b>	<b>23 Taco Bites</b>	<b>24 Turkey Sandwich</b>
4 oz 100% Juice* ½ C Applesauce Cup (12 CHO) 1 C Tater Tots (32 CHO) 2.9 oz WG French Toast Sticks (27 CHO) (2WG/ 1 MMA) Strawberry Yogurt Cup (14 CHO) (1 MMA) Syrup Cup (31 CHO) Ketchup Packet (2 CHO)	4 oz 100% Juice* ½ C Fresh Orange (23 CHO) ½ C Carrots (18 CHO) ½ C Green Beans (6 CHO) 3.1 oz Stuffed Cheese Pizza (39 CHO) (2 MMA/ 2 WG)	4 oz 100% Juice* ½ C Fresh Apple (21 CHO) 1 C Broccoli (12 CHO) ½ C Brown Rice Pilaf (29 CHO) (1 WG) 4.02 oz BBQ Chicken Legs (2E) (14 CHO) (2 E) 1.3 oz WG Cornbread (14 CHO) (1 WG)	4 oz 100% Juice* ½ C Fresh Banana (23 CHO) 1 C Taco Beans (48 CHO) Taco Bites (20 CHO) (2 WG/2 MMA) Taco Packet (2 CHO)	½ C Craisin (33 CHO) ½ C Fresh Fruit Salad* 4 oz Wango Mango Juice (14 CHO) ½ C Baby Carrots (12 CHO) 2.4 oz WG Pullman Bread (2 WG) (22 CHO) 1.5 oz Turkey Breast (x1 CHO) (1.5 M) 0.5 oz American Cheese (1 CHO) (0.5 MMA) Mayo Packet (0 CHO)
<b>27 Cheeseburger</b>	<b>28 Chicken Nuggets</b>	<b>29 Sloppy Joe</b>	<b>30 Breakfast Sandwich</b>	
4 oz 100% Juice* ½ C Applesauce Cup (12 CHO) 1 C Broccoli (12 CHO) 2.02 oz Beef Patty (13 CHO) (1.5M) 0.5 oz American Cheese (x1 CHO) (0.5 MMA) Hamburger Bun (25 CHO) (2 WG) Ketchup Packet (2 CHO)	4 oz 100% Juice* ½ C Fresh Orange (23 CHO) 1 C Baked Beans (52 CHO) 3.2 oz Breaded Chicken Nuggets (2 WG/2 M) (14 CHO) BBQ Packet (4 CHO)	4 oz 100% Juice* ½ C Fresh Apple (21 CHO) 1 C Carrots (24 CHO) 2.5 oz Sloppy Joe (9 CHO) (2 M) 2.4 oz WG Hamburger Bun (2 WG) (19 CHO)	4 oz 100% Juice* ½ C Fresh Banana (23 CHO) 1 C Tater Tots (32 CHO) 1.5 oz Egg Patty (x1 CHO) (1.5MMA) 0.5 oz American Cheese (x1 CHO) (0.5 MMA) 2.25 oz English Muffin (25 CHO) (2 WG) Ketchup Packet (2 CHO)	