

SEPTEMBER 2021
9-12TH COLD BREAKFAST MENU

<p>Menu Subject to Change* Innovation Foods 1550 Enterprise Parkway Twinsburg, OH 44087 I 440-580-4800 www.ifsmeals.com This institution is an equal opportunity provider. Served With 1%, 1% Chocolate Milk or Fat Free Milk*</p>		1	2	3
		<p>4oz 100% Juice $\frac{1}{2}$ C Applesauce Cup (12 CHO)</p> <p>Cocoa Puffs Cereal Bowl (1 oz WG) (25 CHO) Elf Graham (1 oz WG) (17 CHO)</p>	<p>4oz 100% Juice $\frac{1}{2}$ C Fresh Orange (23 CHO)</p> <p>Apple Strudel (2 oz WG) (36 CHO)</p>	<p>4oz 100% Juice $\frac{1}{2}$ C Fresh Banana (23 CHO)</p> <p>Chex Cereal (1 oz WG) (24 CHO) Gripz Graham Cracker (1 oz WG) (14 CHO)</p>
6	7	8	9	10
<p>4oz 100% Juice $\frac{1}{2}$ C Craisin (21 CHO)</p> <p>Golden Grahams Cereal Bowl (1 oz WG) (23 CHO)</p>	<p>4oz 100% Juice $\frac{1}{2}$ C Fresh Apple (21 CHO)</p> <p>Cheese Cinnamon Bagel Bites (2 oz WG) (42 CHO)</p>	<p>4oz 100% Juice $\frac{1}{2}$ C Applesauce Cup (12 CHO)</p> <p>Trix Cereal Bowl (1 oz WG) (24 CHO) Graham Cracker (1 oz WG) (8 CHO)</p>	<p>4oz 100% Juice $\frac{1}{2}$ C Fresh Orange (23 CHO)</p> <p>Chewy Breakfast Round (2 oz WG) (44 CHO)</p>	<p>4oz 100% Juice $\frac{1}{2}$ C Fresh Banana (23 CHO)</p> <p>Froot Loops Cereal (1 WG) (24 CHO) Bug Bite Cracker (1 oz WG) (12 CHO)</p>
13	14	15	16	17
<p>4oz 100% Juice $\frac{1}{2}$ C Craisin (21 CHO)</p> <p>Apple Jacks Cereal Bowl (1 oz WG) (14 CHO)</p>	<p>4oz 100% Juice $\frac{1}{2}$ C Fresh Apple (21 CHO)</p> <p>Triple Berry Crunch Bar (2 oz WG) (43 CHO)</p>	<p>4oz 100% Juice $\frac{1}{2}$ C Applesauce Cup (12 CHO)</p> <p>Cheerio Cereal Bowl (1 oz WG) (14 CHO) Elf Graham (1 oz WG) (17 CHO)</p>	<p>4oz 100% Juice $\frac{1}{2}$ C Fresh Orange (23 CHO)</p> <p>Honey Bun (2 oz WG) (34 CHO)</p>	<p>4oz 100% Juice $\frac{1}{2}$ C Fresh Banana (23 CHO)</p> <p>Frosted Flake (1 oz WG) (24 CHO) Gripz Graham Cracker (1 oz WG) (14 CHO))</p>
20	21	22	23	24
<p>4oz 100% Juice $\frac{1}{2}$ C Craisin (21 CHO)</p> <p>Cinnamon Toast Crunch RS (1 oz WG) (22 CHO)</p>	<p>4oz 100% Juice $\frac{1}{2}$ C Fresh Apple (21 CHO)</p> <p>Crunch Mania (2 oz WG) (27 CHO)</p>	<p>4oz 100% Juice $\frac{1}{2}$ C Applesauce Cup (12 CHO)</p> <p>Cocoa Puffs Cereal Bowl (1 oz WG) (25 CHO) Elf Graham (1 oz WG) (17 CHO)</p>	<p>4oz 100% Juice $\frac{1}{2}$ C Fresh Orange (23 CHO)</p> <p>Apple Strudel (2 oz WG) (36 CHO)</p>	<p>4oz 100% Juice $\frac{1}{2}$ C Fresh Banana (23 CHO)</p> <p>Chex Cereal (1 oz WG) (24 CHO) Gripz Graham Cracker (1 oz WG) (14 CHO)</p>
27	28	29	30	
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